

# Wilsons Promontory National Park



## Overnight Hikes - distances, times and permit conditions for hikers and boaters

The following information will assist you in planning an overnight hike and staying at remote campsites in the Prom. Distances and times are intended as a guide only and may vary depending on an individual's or group's overall fitness and hiking experience.

### Overnight camping permit

Hikers must obtain a permit before commencing their walk and carry it with them at all times. After completing your hike, please return your permit to the Tidal River Visitor Centre or in the permit boxes located at the Five Mile car park, outside the Park Entrance Station or outside the Tidal River Visitor Centre. This system informs rangers of your safe return.

### Boat users

- Boat users only require a permit if camping on land overnight. A ranger may be present at Refuge Cove and Sealers Cove
- Overnight camping for boat visitors is permitted for two nights in designated areas
- Generators are not permitted on shore. Use of compressors to fill scuba cylinders is only permitted on North Refuge Beach
- To prevent the spread of the Northern Pacific Seastar, please ensure that all watercraft and equipment are clean and dry before and after entering watercourses
- Tying stern lines to vegetation is prohibited
- Fishing is not permitted in Marine National Parks. Fishing is permitted in Marine Parks
- Seasonal restrictions apply to watercraft around Kanowna Island. Check with Parks Victoria staff

### To make a booking

Bookings are subject to availability and can be made up to 12 months in advance. Overnight hike applications can only be processed upon receipt of appropriate fees. To obtain a permit either:

- Telephone the Visitor Centre at Tidal River on (03) 5680 9555 and pay by credit card
- Download an application from the Parks Vic website: [www.parks.vic.gov.au](http://www.parks.vic.gov.au)
- Apply at the Tidal River Visitor Centre during office hours

For more information call the **Parks Victoria Information Centre** on **13 1963** or visit our website [www.parks.vic.gov.au](http://www.parks.vic.gov.au)

### Emergency information

- In an emergency, dial **000** for Police, Fire or Ambulance Services. Mobile Phone coverage cannot be relied upon within the national park.
- For park related emergencies only (fire, accident/injury, injured wildlife, significant disturbance and critical maintenance issues), park visitors can contact the Tidal River Duty Officer (24 hours) on **1300 247 594**.
- If you become aware of an emergency, collect sunscreen, water, suitable clothing and a torch. Make your way to the nearest **Emergency Assembly Area** marked on the map inside. Wait until you receive further instructions from Police or Parks Victoria staff.
- Carry a first aid kit and be capable of providing basic first aid. Let someone know where you are going and when you expect to return. This contact must alert Parks staff if your group is overdue. *Do not extend or alter your hike.*
- If a member of your party is badly injured or lost, someone should stay with the injured person or at the location where the person was last seen whilst another member of the party goes to get help, preferably during daylight hours.

### Code Red Fire Danger days

Wilsons Promontory National Park will close on declared Code Red Fire Danger days for the West & South Gippsland Total Fire Ban District. For more information refer to the Wilsons Promontory National Park Code Red Fire Danger Closure fact sheet or call 13 1963.

### Remote facilities

- Carry in water and/or know how to make untreated water safe for drinking at any remote location within Wilsons Promontory.
- Please carry out all your food scraps and rubbish. Do not place in toilets or bury.
- Fires (including campfires) are not permitted at any time. On Total Fire Ban days camp stoves - solid or liquid - are not permitted, even in tents.

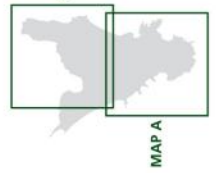


# Wilson's Promontory National Park | Overnight Hike Guide

**MAP A: SOUTHERN SECTION**



**MAP B: NORTHERN SECTION**



-  Parking
-  Park information
-  Toilets
-  Walking track
-  Lookout
-  Camping
-  Lighthouse

-  Emergency assembly area
-  Sealed road
-  Unsealed road
-  Walking track

-  Wilson's Promontory
-  National Park
-  Marine
-  National Park
-  Marine Park

[www.parks.vic.gov.au](http://www.parks.vic.gov.au)

Disclaimer: Parks Victoria does not guarantee that this data is without flaw or any kind and therefore disclaims all liability which may arise from you relying on this information.

Data source acknowledgments: State Digital Mapbase, The State of Victoria and Department of Sustainability and Environment.

Cartography by Parks Victoria May 2013  
For mobile App search for Avenza PDF Maps

## Southern section

The following conditions apply to the Oberon Bay, Halfway Hut, Roaring Meg, Little Waterloo Bay, Refuge Cove and Sealers Cove overnight hike camp areas.

- Overnight camping is permitted for two consecutive nights only at each of the camp areas throughout the year
- Maximum group size at any one campsite is twelve
- All overnight hike camp areas in the southern Prom have self composting toilets. Toilet paper is not supplied
- Please check water supply at your overnight hike camp site before commencing your hike

*All times and distances given are for one way at a moderate pace*

### 1: Telegraph Saddle carpark to Sealers Cove camp

*(10.2 km, 3 hours)*

A steady climb to Windy Saddle and then downhill through a beautiful forest to a boardwalk over Sealers Swamp. Check tide times to avoid a deep water crossing of Sealers Creek at high tide. The camp is 50 metres on the south side of the creek.

### 2: Sealers Cove camp to Refuge Cove camp

*(6.4 km, 2 hours)*

This section of track along the coast offers many great views. The campsite is at the southern end of Refuge Cove.

### 3: Refuge Cove camp to Little Waterloo Bay camp

*(7 km, 2.5 hours)*

A steep climb over rock faces and through woodland is rewarded with stunning views from the saddle near Kersops Peak.

### 4: Little Waterloo Bay camp to Telegraph Track junction

*(5.8 km, 2.5 hours)*

From Little Waterloo Bay Camp walk along the beach and follow the track over sand dunes and swamps to Telegraph Track. From here continue to Telegraph Saddle Carpark, Oberon Bay or Roaring Meg.

### 5: Telegraph Track junction via Oberon Bay to Tidal River

*(11 km, 3.5 hours)*

Follow signs and management road to Oberon Bay campsite (3.4 km). From the campsite the walk to Tidal River follows the coast and alternates between beach and track (7.6 km).

### 6: Telegraph Saddle carpark to Light Station

*(via Telegraph Track 19.1 km or via walking track 18.3 km, 5 - 6 hours)*

From Telegraph Saddle Carpark follow the management road through the Prom's undulating interior. There are walking track options before and after Roaring Meg. The final 3 km's to the Light Station is on a walking track.

### 7: Little Waterloo Bay camp to Light Station

*(10.9 km, 3.5 hours)*

This coastal track has great views through diverse plant communities. It begins at the southern end of Waterloo Bay.

### 8: Roaring Meg to South Point (3.7 km, 1 hour)

Starting at Roaring Meg this track leads to the most southerly point on the Australian mainland.

## Northern section

Much of the northern section of the park is a remote wilderness zone with few facilities.

The following conditions apply to the Barry Creek, Lower Barry Creek, Tin Mine Cove, Johnny Souey Cove and Five Mile Beach overnight hike camp areas.

- Hikers must fill out a 'Hiker Self Assessment Form' before a hiking permit is issued. Call 13 1963 for further information
- Some track sections are marked with flagging tape however other sections are undefined therefore hikers must be proficient in navigation with a map and compass
- Overnight camping is permitted for two consecutive nights only at each of the camp areas throughout the year
- Maximum group size at any one campsite is six
- Toilets are not provided. Bury all faecal waste and paper at least 15cm deep and at least 100 metres from campsites and watercourses. Mix waste with soil to aid decomposition and discourage animals

*All times and distances given are for one way at a moderate pace.*

### 9: Five Mile Road car park to Barry Creek camp

*(6.2 km, 2 hours)*

Start at the Five Mile Road car park. Barry Creek camp is located 200 metres past the Barry Creek Bridge. .

### 10: Barry Creek camp to Five Mile Beach camp

*(12.2 km, 3.5 hours)*

Follow the management track to Five Mile beach. The camp is at the north end of the beach. Water in the main creek is brackish but upstream, a fresh water spring flows for most of the year.

*Only experienced, well equipped and physically fit hikers should attempt the following hikes.*

### 11: Five Mile Road car park to Lower Barry Creek camp

*(9.7 km, 3-4 hours)*

Start at the Five Mile Road car park and follow the management track for 5.2km. After turning left, spectacular views of Corner Inlet and the Toora Hills are offered at the start of the undulating track which passes through dense scrub and swampy terrain.

### 12: Lower Barry Creek camp to Tin Mine Cove camp

*(11.5 km, 4-6 hours)*

From Lower Barry Creek camp continue to Tin Mine Cove camp. The track is poorly defined, and passes through dense, heath with multiple creek crossings that can be up to 1.5 metres deep.

### 13: Five Mile Beach camp to Johnny Souey Cove camp

*(3km, 1.5 - 2 hours)*

Cross the creek at the northern end of Five Mile Beach and follow the flagging tape to Johnny Souey Cove camp.

### 14: Johnny Souey Cove camp to Tin Mine Cove camp

*(14.5km, 6-7 hours)*

From Johnny Souey Cove camp, the section across Three Mile Point is largely undefined. From the point, follow Three Mile beach to Lighthouse Point and turn inland towards Chinaman Long Beach. Tin Mine Cove camp is 2 kms north of Chinaman Long Beach.



## For further information

Parks Victoria  
Information Centre  
Call **13 1963**  
or visit the  
Parks Victoria website  
[www.parks.vic.gov.au](http://www.parks.vic.gov.au)

## Regional Visitor Information Centres

To find out about other attractions in South Gippsland or to book accommodation outside the Prom, visit [www.visitpromcountry.com.au](http://www.visitpromcountry.com.au)

or contact the Prom Country Information Centre  
1800 630 704 or  
(03) 5655 2233  
7 days, 9am - 5pm

## Caring for the environment

Help us look after your park by following these guidelines:

Firearms, dogs, cats and other pets are prohibited within the park.

It is an offence to feed, offer food or leave food out for wildlife. Feeding wildlife not only encourage aggressive behaviour in animals and is bad for their health – it could also be bad for your pocket, as a penalty applies.

All plants, animals, other natural features and cultural sites in the park are protected by law and must not be disturbed or removed.

Stay on formed walking tracks at all times.

Off road vehicle use (including motorcycles) is not permitted.

Please take all your rubbish with you.

*Please do not throw this park note away. Keep it, return it for others to use, or recycle it*

## Healthy Parks Healthy People

*Visiting a park can improve your health, mind, body and soul. So, with over four million hectares of parkland available to Victorians, why not escape to a park today!*



## Overnight hike times - track section details

The following track completion times are intended as a guide for hikers. Completion times may vary significantly depending on an individual's or group's overall fitness and hiking experience. The difficulty level is based upon a number of factors including gradient, track length and track surface conditions. This list should be used in conjunction with a suitable map and track description.

East Prom Coastal hikes and circuit	Difficulty	Time	Distance
Telegraph Saddle car park to Sealers Cove camp	Moderate	3 hours	10.2 km
Sealers Cove camp to Refuge Cove camp	Easy/Moderate	2 hours	6.4 km
Refuge Cove camp to Little Waterloo Bay camp	Moderate/Hard	2.5 hours	7.0 km
Little Waterloo Bay camp to Telegraph Track junction	Easy	2 hours	5.8 km
Telegraph Track junction to Telegraph Saddle car park	Moderate	2 hours	6.1 km
Overall circuit hike (return)	Moderate	1 or 2 nights	35.5 km
<b>Southern Prom hikes (Halfway Hut, Roaring Meg, Lighthouse and South Point)</b>			
Telegraph Saddle car park to Halfway Hut	Easy	2.5 hours	7.4 km
Halfway Hut to Roaring Meg (via walking track)	Easy/Moderate	2 hours	4.8 km
Halfway Hut to Roaring Meg (via Telegraph Track)	Moderate	1.5 hours	4.5 km
Roaring Meg to Lightstation (via walking track)	Moderate	2 hours	6.1 km
Roaring Meg to Lightstation (via Telegraph Track)	Easy/Moderate	2 hours	7.2 km
Roaring Meg to South Point	Moderate	1 hours	3.7 km
Light Station to Little Waterloo Bay camp via South East Track	Moderate/Hard	3.5 hours	10.9 km
Waterloo Bay to Telegraph junction (Little Waterloo Bay camp 1.1 km)	Easy	2 hours	4.7 km
Telegraph junction to Telegraph Saddle car park	Moderate	2 hours	6.1 km
Overall Lightstation hike via Telegraph Track (return)	Moderate	1 or 2 nights	38.2 km
Overall Lightstation hike via Little Waterloo Bay camp (circuit return)	Moderate/Hard	1 or 2 nights	41.8 km
<b>Note:</b> For a more moderate overall gradient, it is recommended to complete the Lightstation hike in an anti-clockwise direction via South East track and Waterloo Bay.			
<b>Oberon Bay circuit hike</b>			
Telegraph Saddle car park to Telegraph junction	Easy	2 hours	6.1 km
Telegraph Track junction to Oberon Bay camp	Easy	1 hour	3.4 km
Oberon Bay camp to Tidal River (via coastal track)	Moderate	2.5 hours	7.6 km
<b>Combination hikes</b>			
Combine Oberon Bay with East Prom Coastal circuit	Moderate	2 - 3 nights	40.4 km
Combine Lightstation and East Prom Coastal circuit	Moderate/Hard	3 - 4 nights	53.6 km
Tidal River/Oberon Bay/ Light Station/ Waterloo/Refuge/ Sealers/Telegraph Saddle car park	Moderate/Hard	4 - 5 nights	58.5 km
<b>Northern Prom circuit and Corner Inlet</b>			
Five Mile Road car park to Barry Creek camp	Easy	2 hours	6.2 km
Barry Creek camp to Five Mile Beach camp	Easy/Moderate	3.5 hours	12.2 km
Five Mile Beach camp to Johnny Souey Cove camp	Moderate/Hard	1.5	3km
Johnny Souey Cove camp to Tin Mine Cove camp	Moderate/Hard	6-7 hours	14.5
Tin Mine Cove camp to Lower Barry Creek camp	Hard	4 - 6 hours	11.5 km
Lower Barry Creek camp to Five Mile Road car park	Moderate	3 - 4 hours	9.7 km
Overall Northern Prom Circuit (return)	Moderate/Hard	3 - 5 nights	58 km